

**HILLCREST CHRISTIAN SCHOOL  
17531 RINALDI STREET  
GRANADA HILLS, CA 91344  
818-368-7071**

**HIGH SCHOOL  
ATHLETE/PARENT HANDBOOK**

**SIGNATURE STATEMENT FORM**

As a condition of participation by: \_\_\_\_\_ (student's name), in the \_\_\_\_\_ school year. We acknowledge that we have read and understand the following:

**High School Athlete-Parent Handbook Acknowledgment**

We have carefully read the Athlete-Parent Handbook and have discussed its importance with our student athlete. We understand that there is a participation fee to be paid, medical insurance to be provided, and CIF requires a sports physical *before* the athlete may participate in the sports program. We have also read the *Mediation/Arbitration agreement* and agree to abide by it.

**Athletic Precautionary/Consent Statement**

We have carefully read and understand *Athletic Precautionary/Consent Statement* allowing the above mentioned athlete to participate in interscholastic athletics at Hillcrest Christian School for the current school year. We understand that athletic participation at Hillcrest Christian School is a *privilege* that is earned through academic study, adherence to school policy, and athletic performance. Information concerning athletic eligibility is in the Parent-Student Handbook.

\_\_\_\_\_  
**Parent/Guardian Printed Name**

\_\_\_\_\_  
**Parent/Guardian Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Parent/Guardian Printed Name**

\_\_\_\_\_  
**Parent/Guardian Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Athlete Printed Name**

\_\_\_\_\_  
**Athlete Signature**

\_\_\_\_\_  
**Date**

**SPORTS RELEASE**

*HILLCREST CHRISTIAN SCHOOL  
A California Nonprofit Corporation  
17531 Rinaldi Street, Granada Hills, California 91344  
(818) 368-7071*

**Sports Activity:** \_\_\_\_\_

**Sponsor:** Hillcrest Christian School, a California nonprofit corporation, and its officers, directors, trustees, employees, agents, volunteer workers, promoters, and affiliates.

**Name of Sports Participant:** \_\_\_\_\_ **Age:** \_\_\_\_\_

**Permission and Release:** I represent that I am a parent or guardian having legal custody or the legal guardian of the above minor child (Sports Participant). In consideration for my child’s participation in the sports activity stated above, the undersigned makes the following representations and enters into the following binding contractual agreements. I acknowledge that by signing this document I am releasing Sponsor from liability as hereinafter described. This document is a contract with legal consequences. I acknowledge I have been advised to read it carefully before signing and have done so.

I acknowledge that sporting activities in general are inherently dangerous and may result in serious bodily injury and/or death which no amount of care, caution, instruction, supervision, or expertise can eliminate. I further acknowledge that I am aware of the nature and extent of the Sports Activity listed above and the dangers inherent in that Sports Activity, and that I am further aware that the Sports Activity listed above is an inherently dangerous activity. I further acknowledge that my child’s participation in this Sports Activity is a personal choice and is not required by Sponsor.

I, on behalf of my child, myself, our heirs, assigns, and personal representatives, freely assume the full responsibility and the risk of bodily injury, property damage, or death to my child due to the ordinary negligence of Sponsor and the ordinary negligence, gross negligence, or willful misconduct of any third party including others participating in the Sports Activity or any equipment defect whatsoever.

I give my permission for my child to participate in the Sports Activity described above, which may include transportation, supervision by volunteers and staff. The activity may include related events or functions such as meals after games and banquets. I hereby, on behalf of my child, myself, our heirs, assigns, and personal representatives, waive, release and forever discharge Sponsor, from any and all claims, including but not limited to claims for bodily injury, property damage, or death arising directly or indirectly from my child’s participation in the Sports Activity, including injuries or losses caused by the ordinary negligence of Sponsor and the ordinary negligence, gross negligence, or willful misconduct of any third party including others participating in the Sports Activity, or any equipment defect whatsoever. I further agree not to sue Sponsor with respect to any claim for bodily injury, property damage, or death as a result of my child’s participation in the sports activity.

I, on behalf of my child, myself, our heirs, assigns, and personal representatives, agree to indemnify, defend and hold harmless, at my sole cost, the Sponsor from any and all claims against sponsor arising out of my child’s participation in the sports activity.

Any provision or portion of this Sports Release found to be invalid by a court having jurisdiction shall be invalid only with respect to such provision or portion thereof, and then only to the extent necessary to avoid such invalidity. The offending provision or portion shall be modified to the maximum extent possible to confer upon the parties the benefits intended thereby. The provision or portion as modified and the remaining provisions or portions hereof shall be construed and enforced to the same extent as if such offending provision or portion thereof had not been contained herein, to the maximum extent possible.

I further represent that I maintain private health and/or accident insurance or HMO coverage sufficient to cover bodily injury and/or damage resulting from my child’s participation in the Activity. I further represent that the information provided by me in the Proof of Insurance portion of the Emergency Treatment Authorization on file or submitted herewith is current and correct.

**Continued on Reverse Side**

**Emergency Treatment authorization and Medical Release:** I affirmatively state that my child is in good health and has no known physical or mental conditions which would impair or restrict his/her participation in the Sports Activity.

\_\_\_\_\_ I have on file with Hillcrest Christian School a current Emergency Treatment Authorization the provisions of which are incorporated herein by reference. All information contained therein including my minor child's medical and health information is current.

\_\_\_\_\_ I enclose herewith an updated Emergency Treatment Authorization with current medical and health information on my minor child, the provisions of which are incorporated herein by reference.

**Mediation/Arbitration:** I further agree that any claim or dispute arising from or related to my child's participation in the Sports Activity or to this Sports Release or otherwise shall be settled by mediation and, if necessary, legally binding arbitration in accordance with the Mediation and Arbitration of disputes Agreement as set forth in the Parent-Student Handbook which is incorporated herein by reference and is attached hereto. I agree that this Mediation and Arbitration of disputes Agreement shall provide the sole remedy for any disputes arising between me, my children, and the school or its employees or agents and do hereby waive on behalf of myself and my children, the right to file any legal action against the school or its employees or agents in a civil court or agency, except to enforce an arbitration decision.

**Print Name:** \_\_\_\_\_ **Relationship to Minor:** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Print Name:** \_\_\_\_\_ **Relationship to Minor:** \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

My child takes the following medication on a daily basis: \_\_\_\_\_

**CIF**  
**Southern Section**  
**11011 Artesia Boulevard (P.O. Box 488), Cerritos, CA 90703 (2)**  
**(562) 860-2414 \* FAX (562) 860-1692**

**ATHLETES' CODE OF ETHICS**

Athletics is an integral part of the school's total educational program. All school activities, curricular and extra-curricular, in the classroom and on the playing field, must be congruent with the school's stated goals and objectives established for the intellectual, physical, social and moral development of its students. It is within this context that the following Code of Ethics is presented.

As an athlete, I understand that it is my responsibility to:

1. Place academic achievement as the highest priority;
2. Show respect for teammates, opponents, officials and coaches;
3. Respect the integrity and judgment of game officials;
4. Exhibit fair play, sportsmanship and proper conduct on and off the playing field;
5. Maintain a high level of safety awareness;
6. Refrain from the use of profanity, vulgarity and other offensive language and gestures;
7. Adhere to the established rules and standards of the game to be played;
8. Respect all equipment and use it safely and appropriately;
9. Refrain from the use of alcohol, tobacco, illegal and nonprescription drugs, anabolic steroids or any substance to increase physical development or performance that is not approved by the United States Food and Drug Administration, Surgeon General of the United States or American Medical Association;
10. Know and follow all state, section and school athletic rules and regulations as they pertain to eligibility and sports participation; and
11. Win with character, lose with dignity.

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Parent's Signature

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Date

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Athlete's Signature

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Date

**A copy of this form must be kept on file in the Athletic Director's Office at the local high school on an annual basis.**